

TODAY IS TUESDAY, OCTOBER 11, 2022 REGULAR Schedule RED (A): Po'okela, 1, RECESS, 2, 3, LUNCH, 4

PLEASE SUBMIT INFINITE CAMPUS ATTENDANCE WITHIN TEN MINUTES OF START OF EACH CLASS PERIOD.ENTRIES FOR THE DAILY E-BULLETIN ARE DUE BY 1:00PM AT LEAST ONE DAY PRIOR TOion.shigaki@k12.hi.us

DAILY BULLETIN BROADCASTED LIVE DAILY ON CHANNEL 46. If there is no TV access, please read this Daily Bulletin to your class. Mahalo!

It's DAY 2 of wellness week, Check out today's flier on social health on the Lahainaluna Instagram page, school website and Facebook page. Today's flier deals with social health. Mahalo!

Throughout wellness week we will be announcing positive quotes each day. Today's quote of the day is, if kindness doesn't work, try more kindness by Chogyam Trungpa.

On Campus sports physical will be offered through Ola Loa Family Practice on Wednesday, October 19th and Friday, October 21st. For more information, please visit our school website or Facebook page. Mahalo!

REFLECTIONS: This year's theme is "Show Your Voice". Deadline for entries for LHS is November 18th. All forms and contest information are available on PTSA website: www.lahainalunaptsa.org/reflections.html. Entries may be turned in to the Main Office, PTSA mailbox or you can contact the PTSA for other drop off options.

Need Help with Math? The Lahainaluna Ho'okō Math Program is a free program that is available to our students. Refreshments and snacks will be provided after school. If you need transportation, free Maui Bus passes are provided. You will be paired with a peer Tutor who will assist you with your work from your math class and also assist with improving your math skills.

When is it? Every Tuesday Beginning October 18th. Where is it held? Ms. Abad's classroom Portable 8. What are the times? It's 2:00pm to 3:00pm.

To apply, you need to scan the code and complete the form with a parent/guardian signature. The form must be completed before you can participate. For more information and questions, contact Ms. Abad at michelle.abad@k12.hi.us

Our marching band has been working extensively since June, and we are doing a show that Lahainaluna has never done before. On October 15th, we will be exchanging performances with Maui High School, here at our very own Sue D. Cooley Stadium at 6:30pm.

We hoped you enjoyed our preview of our show at homecoming, and we will be doing the entire show at the Oct 14th home game. We hope to see you at either performance!

CLUB CHATTER:

Hawaiiana Club: Just a reminder that there is practice this Thursday, October 13th at 6:30pm at the Chorus Room. See you there!

Attention Aloha Club members who will be attending this Friday's sign waving: please be sure to turn in your permission forms to either Mrs. Poouahi or Mrs. Nakata. We will be holding an optional sign making session in the library back room at lunch on Friday for anyone who still needs to complete their sign.

Japanese Club & Anime Club: Permission forms for the Halloween Cosplay Party are available in K-101 or K-102 or online. Come out on October 22 and dress up as your favorite character and win prizes! A Japanese horror movie will follow the contest. Japanese Club, we will also have a meeting this Friday at lunch in K-102 to pick the movie and sign up for the Honolulu Festival. See you there!

HOSA: To all members, we have a Lifesavers meeting this Thursday, October 13th at L30 during lunch. Hope to see you there!

Anime club: Anime Club members who are planning to go to Kawaii Kon in late March, there is an informational meeting **TODAY** Tuesday, October 11th at K-101 during lunch. Hope to see you there.

Breakfast: Portuguese Sausage with Rice, Fresh Fruit, Pineapple Chunks. Lunch: Tuna Sandwich with Chicken Noodle Soup, Cherry Tomato, Veggie Sticks, Fresh Fruit, Pineapple Chunks. Cafeteria monitors, please report to the cafeteria 15 minutes before lunch period. Today's monitors are: Henes Rasos, Alize Revilla, Sasha Rico, Coleman Riddell, Dylan Riley, Angel Rivera.